

# David Martin, MA, LPC, EMDR-T, RS

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## SUMMARY

- Licensed Professional Counselor since May 2015
- Clear ability to adhere to counseling values and ethics to include confidentiality
- Ability to develop appropriate professional relationships with clients, including refugees and high risk populations
- Effective communication skills, both verbally and written
- Excellent teamwork skills and the ability to work independently
- Experience providing educational presentation to students, colleagues and community
- Ability to coordinate, plan, prepare and evaluate performances of employees and independent contractors in the professional setting
- Knowledge and experience with implementation of therapeutic interventions
- Extensive knowledge and experience in assessments to provide comprehensive and wrap around services to include, but not limited to, linkage to community resources
- Adherence to strength based counseling framework & client centered, trauma informed approach

## EDUCATION

Master of Arts, Counseling, Boise State Idaho – May 2014

Bachelor of Science, Psychology, Boise State University – May 2010

Associates of Arts, Treasure Valley Community College – December 2007

## CERTIFICATES

Graduate Certificate in Addiction Studies, Boise State University – 2014

EMDRIA – EMDR Basic Training including 10 hours supervision - 2015

Children and Adolescents Needs and Strengths (CANS) – 2016

## PROFESSIONAL EXPERIENCE

Calm Waters Counseling	2019 - Present
Martin Mobile Counseling	2018 - 2020
Metamorphosis Counseling	2017 - 2021
Pride Mental Health	2017 - 2018
Brighter Future Health	2016 – 2017
Aspen Mental Health	2014 - 2016

- Licensed Professional Counselor, Owner/Operator
- Provided supervision to professional counselors and social workers, case managers, cbrs workers, peer support staff, and office staff
- Conduct weekly meetings and training of all staff members
- Provide therapeutic services to clients diagnosed with a wide array of clinical diagnosis. Primary focus of PTSD, Major Depressive Disorder, Generalized Anxiety Disorder
- Provide individual and family therapy sessions with emphasis on strength based approach
- Provide case management services to include linkage to various community resources as needed
- Work within multidisciplinary team environment including mental health counselors, social workers, case managers, community based rehabilitation specialists, peer support specialists and family support specialists
- Provided CANS assessments to all clients 19 years and younger

- Complete comprehensive diagnostical assessments, psycho-social assessments, and able formulate clinical diagnostic impression in accordance with DSM-V criteria
- Develop reviews, updates to treatment plans in conjunction with client/family and treatment team
- Discharge/aftercare planning with each client to include linkage to appropriate community resources and medical treatment
- Maintain documentation and full charting requirements on all client encounters and services in accordance with program regulations, policies and procedures
- Identifies and prioritizes insurance reviews with communication to payors using demonstrated knowledge of utilization review
- Responsible for tracking and maintaining authorization for treatment
- Establishes an effective and appropriate means of communicating and collaborating with clients, physicians, social workers, payors, and administrators to ensure safe and efficient services
- Provide crisis assessment and intervention as needed

### **SPECIAL SKILLS:**

Trained in EMDR (Eye Movement Desensitization and Reprocessing) since 2015. Extensive training in HIPAA policies and procedures. Certified in CANS (Children and Adolescent Needs and Strengths).

### **ADDITIONAL:**

Registered Supervisor in the State of Idaho, 2019 - Current

### **TRAININGS:**

**“EMDR Basic Training”** by Curt Rouanzoin, PhD  
November 20-22, 2015  
Los Angeles, California

**“EMDR Basic Training”** by Nancy Errebo, PsyD  
January 8-10, 2016  
Boise, Idaho

**“HIPAA & ETHICS”** by Camilla J. Cafferty, LCPC  
August 19<sup>th</sup>, 2016  
State Avenue Counseling & Wellness, Meridian, Idaho

**“Termination of Counseling Relationship”** by Christy Babcock, LPC  
April 6, 2017  
Idaho Mental Health Counselors Association, Boise, Idaho

**“EMDR Resourcing: Establishing a Foundation for Trauma Processing”** by Philip Manfield, Ph.D  
April 28, 2017  
EMDRIA of Idaho/E. Oregon, Boise, Idaho

**“Treating Gender Dysphoria”** by Misty L. Wall, PhD, LCSW  
September 1, 2017  
Dr. Wall and Associates, Meridian, Idaho

**“Protecting Your License: Common Legal & Ethical Issues”** by Karen Innocent, DNP, RN  
September 20, 2017

Lippincott Professional Development, Boise, Idaho

**“Essential Ethics & Self-Care”** by Camilla Cafferty, LCPC  
January 13, 2018  
State Avenue Counseling, Meridian, Idaho

**“Best Practices for the Treatment of Trauma in Adolescents”** by Lisa Romanelli, Ph.D  
February 7, 2018  
The Reach Institute, Online Training

**“Best Practices for the Treatment of Trauma in Children”** by Lisa Romanelli, Ph.D  
February 14, 2018  
The Reach Institute, Online Training

**“Adolescent and Young Adults with Addiction”** by Jason Zelus, LCSW  
March 22, 2018  
Intermountain Psychiatric Hospital, Boise, Idaho

**“Primary Care and Specialty Behavioral Health Better Together”** by Amy Walters, Ph.D  
April 2, 2018  
Idaho Integrated Behavioral Health Network, Boise, Idaho

**“Children and Adolescents Needs and Strengths (CANS) General Overview”** by Amelia Doty, LCSW  
April 30, 2018  
Optum Idaho, Boise, Idaho

**“Children and Adolescents Needs and Strengths (CANS) Supervision”** by Amelia Doty, LCSW  
May 1, 2018  
Optum Idaho, Boise, Idaho

**“Children and Adolescents Needs and Strengths: Treatment Planning”** by Amelia Doty, LCSW  
May 1, 2018  
Optum Idaho, Boise, Idaho

**“Children and Adolescents Needs and Strengths: Treatment Planning”** by Amelia Doty, LCSW  
May 8, 2018  
Optum Idaho, Boise, Idaho

**“Adlerian Psychotherapy”** by Steven Maybell, Ph.D  
October 5, 2018  
Idaho Society of Individual Psychology, Boise, Idaho

**“Adlerian Psychotherapy”** by Steven Maybell, Ph.D  
October 6, 2018  
Idaho Society of Individual Psychology, Boise, Idaho

**“Ethical Counseling”** by Camilla Cafferty, LCPC  
March 9, 2019  
State Avenue Counseling, Meridian, Idaho

**“Childrens and Adolescents Needs and Strengths General Workshop”** by Molly Baker, LCSW

April 30, 2019  
Optum Idaho, Boise, Idaho

**“Clinical Supervision”** by Melanie Person, Ph.D  
May 31 & June 1, 2019  
Idaho State University, Coeur D’ Alene, Idaho

**“Trauma Training”** by Rick Boyes, Ph.D, LCPC  
June 21-23, 2019  
Northwest Nazarene University, Nampa, Idaho

**“Adlerian Theory”** by Steven Maybell, Ph.D  
October 4, 2019  
Idaho Society of Individual Psychology, Boise, Idaho

**“Adlerian Theory”** by Steven Maybell, Ph.D  
October 5, 2019  
Idaho Society of Individual Psychology, Boise, Idaho

**“Ethical Counseling”** by Camilla Cafferty, LCPC  
November 9, 2019  
State Avenue Counseling, Meridian, Idaho

**“Ethical Fundamentals”** by Camilla Cafferty, LCPC  
April 11, 2020  
State Avenue Counseling, Meridian, Idaho

**“DBT Skills; Effective Instruction and Implementation”** by Chelsea Hebert, LCSW  
October 15, 2020  
Northpoint Recovery, Boise, Idaho

**“Ethics”** by Charles Pohl, LCSW, CGP  
March 5, 2021  
Idaho Society of Individual Psychology, Boise, Idaho

**“Advanced Supervision Training, Ethical Creativity”** by Heather Tustison LCPC & Alyssa Peters, LPC  
May 7, 2021  
Treasure Valley Wellness, Meridian, Idaho

**“DBT: Therapist Training & Diary Card”** by Heidi Allison, LCSW  
June 4, 2021  
New Directions DBT, Online Training

**“DBT: Mindfulness Model & Emotion Regulation Skills”** by Heidi Allison, LCSW  
June 11, 2021  
New Directions DBT, Online Training

**“DBT: Diary Card & Tools for Understanding Human Emotions”** by Heidi Allison, LCSW  
June 18, 2021  
New Directions DBT, Online Training

**“DBT: Interpersonal Effectiveness Skills”** by Heidi Allison, LCSW  
June 25, 2021  
New Directions DBT, Online Training

**“DBT: Distress Tolerance Skills”** by Heidi Allison, LCSW  
July 2, 2021  
New Directions DBT, Online Training

**“Professional Guide to Supporting LGBTQIA+”** by Brenda Burris LCSW  
August 19, 2021  
Northpoint Recovery, Online Training

**“Ethical Counseling”** by Camilla Cafferty, LCPC  
November 13, 2021  
State Avenue Counseling, Meridian, Idaho

**“Critical Race Theory in Idaho: A Community Led Teach-in”** by Tai Simpson  
December 15, 2021  
Boise Public Library, Boise, Idaho

**“Ethics: Digital Tools, Herbal Remedies, Healing Political Divide”** by Camilla Cafferty, LCPC  
February 5, 2022  
State Avenue Counseling, Meridian, Idaho

**“Ethical Counseling”** by Camilla Cafferty, LCPC  
September 10, 2022  
State Avenue Counseling, Meridian, Idaho

**“Mandatory Abuse Reporting”** by William A. Cook, Ph.D.,  
September 14, 2022  
CE4Less, Online Training

**“Trauma Focused CBT for children and adolescents”** by William A. Cook, Ph.D.,  
September 14, 2022  
CE4Less, Online Training

**“Supervision: A Guide for Mental Health Professionals”** by William A. Cook, Ph.D.,  
September 14, 2022  
CE4Less, Online Training

**“Bipolar Disorder and Substance Use Disorder”** by William A. Cook, Ph.D.,  
September 14, 2022  
CE4Less, Online Training

**“Dissociative Table/Meeting Place Directions”** by Kathleen M. Martin, LCSW  
April 7, 2023  
Terry Reilly, Boise, Idaho

**“Ethics and Risk Management in Behavioral Health”** by Robert Landau, JD; Frederic Reamer PhD.,  
April 12, 2023  
Live Webinar, Fully Interactive, Online Training

**“Acceptance & Commitment Therapy; A Primer for Clinicians”** by Mark Jones, PhD.,  
April 20, 2023  
Live Webinar, Fully Interactive, Online Training

**“Ethical Counseling”** by Camilla Cafferty, LCPC  
June 10, 2023  
State Avenue Counseling, Meridian, Idaho